

HERTFORDSHIRE 2018 SUICIDE AUDIT

The audit provides an overview of suicides in Hertfordshire. A total of 95 deaths received a conclusion of suicide at inquests held in 2018.

Key figures from the Audit are highlighted below.

76%
OF SUICIDES WERE MEN

Employment status



36%
Employed



19%
Unemployed



25%
Retired



45% were single



40% made a previous attempt



59% of suicides took place at home



53% left a suicide message

Most common methods



Hanging



Self poisoning



Railway

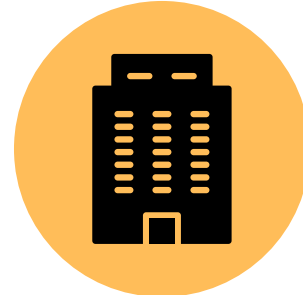
Contact with services



28% discussed mental health issues with GP 4 weeks before their death



28% known to mental health services



22% known to be involved in the criminal justice system



14% known to drug or alcohol services

Mental ill health was the most commonly reported risk factor

43%
of people were aged 30-49